



Circle of Strength

Magellan Healthcare, Wyoming's Care Management Entity

Assessment shows Wyoming's High Fidelity Wraparound program builds strengths for youth

Wyoming's High Fidelity Wraparound program continues to show successful outcomes for enrolled youth with complex behavioral health challenges. Operated by Magellan Healthcare, Inc. through a collaboration with the Wyoming Department of Health, Division of Healthcare Financing (Medicaid), Wyoming's High Fidelity Wraparound demonstrates that young people are getting more needs met in their own homes and communities.

High Fidelity Wraparound, an evidenced-based non-clinical intensive care coordination program, is a national model designed to bridge gaps for youth where challenges in behavior and mental health exist. The program uses peers and lived experience in a strengths-based way, focusing on what people do well and provides alternative options in addition to therapy and other traditional methods that fit individual preferences and cultures. This team approach provides a network of support for families, allowing them to be the experts of their lives and learn to drive the process.

"When youth behavior is extreme, there is higher probability of needing to leave home or school to address their needs in a clinical, therapeutic or detention setting. We meet people where they are, use assessments like the Child and Adolescent Needs and Strengths (CANS) to identify needs and strengths, which inform the team of behaviors that should be addressed," said Tammy Cooley, senior director of operations, Magellan Healthcare. "Youth are supported in meeting challenges like staying in school, having more positive relationships, and doing more of the things children should be doing at their age, which ultimately builds confidence and lasting positive change."

In Wyoming's High Fidelity Wraparound programs, CANS are administered at the beginning of a youth's enrollment into the program and every three months until the youth successfully completes the voluntary program and transitions out.

Barbara Dunn, Director of Program Innovation and Outcomes for Magellan of Healthcare in Wyoming, said, "From July 2018 to June 2019, over 75 percent of youth enrolled in Wyoming's High Fidelity Wraparound program experienced reduced severity of needs. The typical youth enrolls with nine treatment needs and resolves almost four while increasing strengths to maintain their gains."

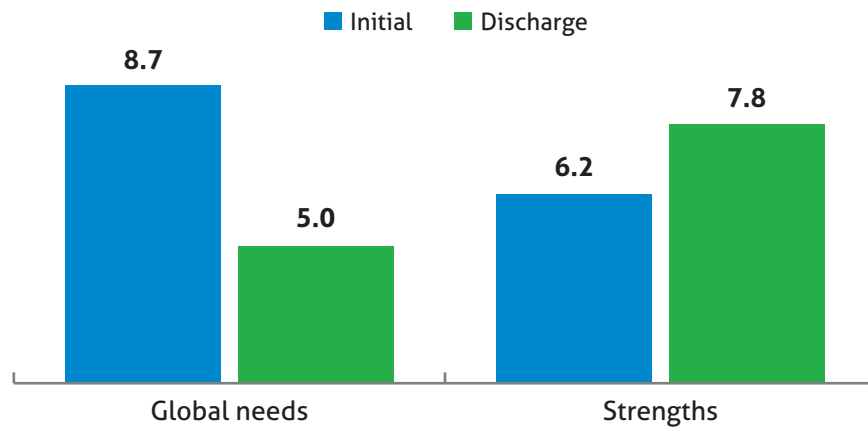
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Magellan in Wyoming contact info:
1-307-459-6162 (M-F, 9 a.m. - 5 p.m.)
www.MagellanofWyoming.com



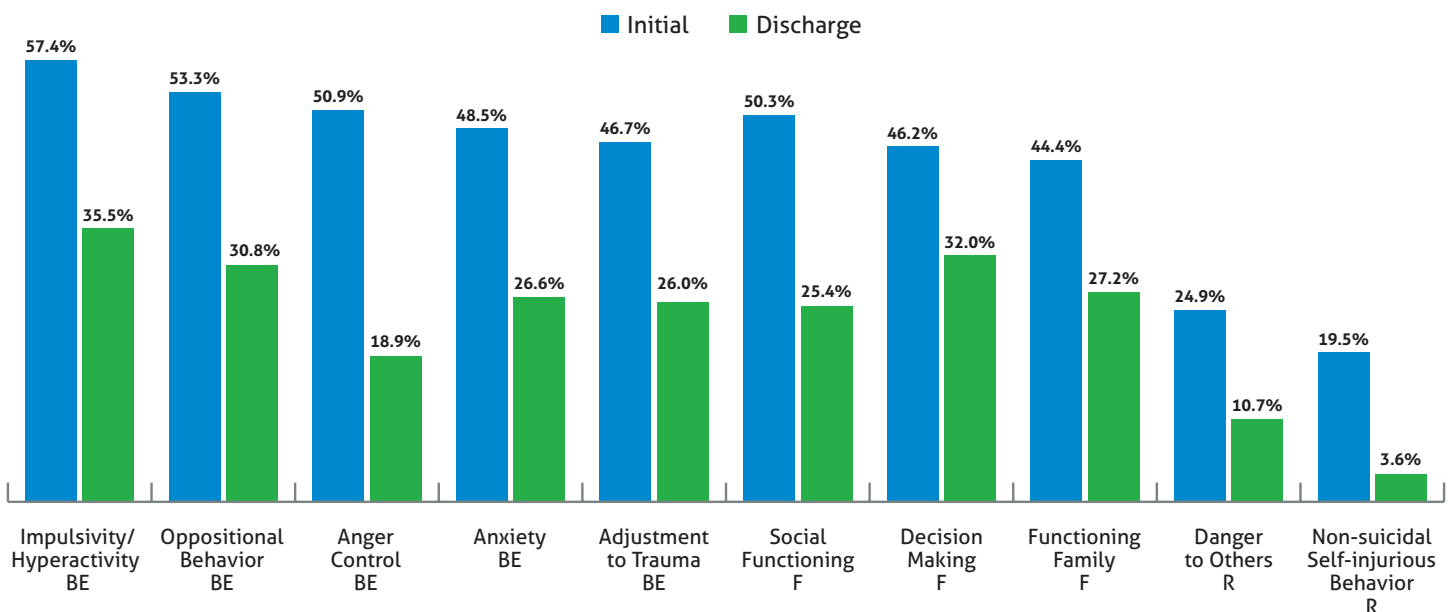
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Decreased Needs and Increased Strengths 2019 June – 2018 July



Cooley said, “The evidence is powerful and shows reductions in high prevalence needs between a youth’s enrollment and discharge. Our program works when youth and families are engaged. Wyoming’s Department of Health, Division of Healthcare Financing (Medicaid) has given us a chance to deliver a quality home and community-based program through a care management entity model that gives high risk youth more access to care right where they need it most. From the results of this year’s CANS report, we show Wyoming’s High Fidelity Program is making a positive impact in the lives of our youth participants. We want all youth who qualify for this Medicaid program to see the benefits.”

Wyoming CANS Initial Scores vs. CANS Discharge Scores in Key Intervention Areas 2019 July – 2019 June



For more information about Wyoming’s High Fidelity Wraparound program, please visit www.MagellanofWyoming.com.

Learn more about Medicaid and mental health

Do you need to know more about mental health coverage with insurance when your youth is no longer on Medicaid? This is an excellent source of information so you can make empowered decisions! The Families for Depression Awareness offers a free webinar titled What Families Need to Know about Mental Health and Insurance. Watch the training at <http://familyaware.org/insuranceregistration>.

Extending a helping hand

Do you have youth on your caseload that may be interested in career exploration?

For youth in Laramie and Albany Counties, Zenith Business Services can offer youth between the ages of 14 and 21 several job-centered services at no cost. Services such as:

- Self-Advocacy Training
- Connections to Employers
- Job Shadows and Internships
- College/Work Site Visits
- Job Exploration Counseling
- Work-Based Learning
- Post-Secondary Options
- Social Skills Assistance

For families who have employment goals for their youth, Zenith could be a good resource. Visit their website at <https://zbswy.com> or give them a call at 307-432-4065.

Caregiver Support Groups offers encouragement

A Caregiver Support group was created to help caregivers during the High Fidelity Wraparound process. PLEASE INVITE YOUR FAMILIES—parents, grandparents, aunts, uncles, foster parents, step parents, anyone who cares for children and youth with complex needs.

This group provides a safe place for families and caregivers to talk through their struggles, their successes and to learn from one another. You don't have to be a member of High Fidelity Wraparound to attend these groups. They are free and all you need is access to a phone or the internet.

- First Wednesday of every month from 6 p.m. to 7 p.m. (Mountain Time)
- Second Wednesday of every month from 11:30 a.m. to 12:30 p.m. (Mountain Time)
- Contact KCampbell2@MagellanHealth.com or call 307-459-6165 for instruction on how to connect to the online Caregiver Support Group meetings.

These support groups are available to any caregiver, guardian, parent, grandparent, family member, etc. who would like more support! You don't have to be a current member with Magellan, anyone can join.

We're accepting youth referrals

Do you know a young person age 4 to 20 who would benefit from additional support? Would it make a difference if they could be more successful at home, school and in their community?

Wyoming's High Fidelity Wraparound program can help if:

- A free program makes sense for the youth and their family.
- Additional mental health or behavior support is needed.
- Youth who currently are, or could be, Medicaid eligible.
- Youth is at risk for being placed out of their home in hospital or detention.

Youth and their care givers would benefit from having a team of support. Learn more by completing our referral form visiting our website at MagellanofWyoming.com.

Our program is growing

If you have ever wanted to help youth with complex mental health or behavioral health concerns, you can become a provider by visiting our *Become a Provider* page at MagellanofWyoming.com. We are always looking for more experienced and caring people to join forces with us to meet the needs of youth across Wyoming.

Do you know anyone who would be great at this? Refer them to work with us.

Updates & information straight to your inbox

Get information about High Fidelity Wraparound sent straight to your inbox. Sign up by visiting MagellanofWyoming.com, click "Subscribe to our monthly e-newsletter" on our homepage.

Know your rights and responsibilities as a member

Visit the *Family and Youth Guide* at MagellanofWyoming.com/youth-families/why-wraparound/family-youth-guide.

Crisis Text Line

All Wyoming residents have access to a free, 24/7 text line for people in crisis. Simply text **WYO** to **741741** to be connected to a crisis counselor. This resource can be used in non life-threatening situations. If your child or someone you know is in a life-threatening situation, call 911 right away!

Contact us

Office Hours:

M – F, 9 a.m. to 5 p.m. MST.

Phone: 307-459-6162

Emergency services are available 24 hours a day.

Toll-free: 1-855-883-8740

TDD/TTY: 1-800-424-6259

MagellanofWyoming.com

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