

Stakeholder Newsletter

November 21, 2019

Assessment shows Wyoming's High Fidelity Wraparound Program Builds Strengths for Youth

Wyoming's High Fidelity Wraparound program continues to show successful outcomes for enrolled youth with complex behavioral health challenges. Operated by Magellan Healthcare, Inc. through a collaboration with the Wyoming Department of Health, Division of Healthcare Financing (Medicaid), Wyoming's High Fidelity Wraparound demonstrates that young people are getting more needs met in their own homes and communities.

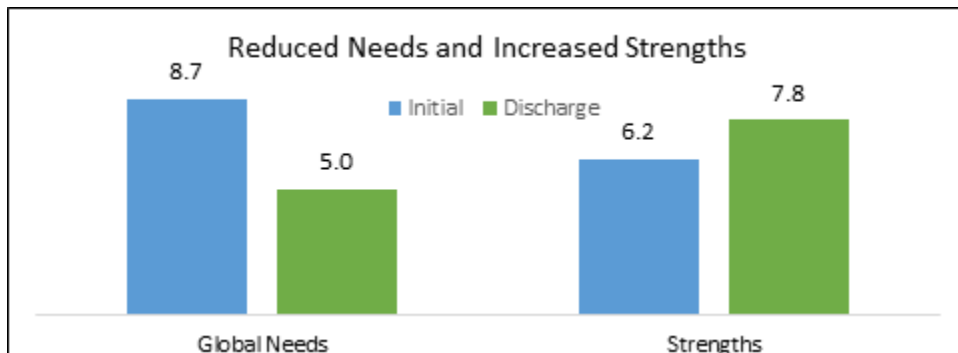
High Fidelity Wraparound, an evidenced-based non-clinical intensive care coordination program, is a national model designed to bridge gaps for youth where challenges in behavior and mental health exist. The program uses peers and lived experience in a strengths-based way, focusing on what people do well and provides alternative options in addition to therapy and other traditional methods that fit individual preferences and cultures. This team approach provides a network of support for families, allowing them to be the experts of their lives and learn to drive the process.

"When youth behavior is extreme, there is higher probability of needing to leave home or school to address their needs in a clinical, therapeutic or detention setting. We meet people where they are, use assessments like the Child and Adolescent Needs and Strengths (CANS) to identify needs and strengths, which inform the team of behaviors that should be addressed," said Tammy Cooley, senior director of operations, Magellan Healthcare. "Youth are supported in meeting challenges like staying in school, having more positive relationships, and doing more of the things children should be doing at their age, which ultimately builds confidence and lasting positive change."

In Wyoming's High Fidelity Wraparound programs, CANS are administered at the beginning of a youth's enrollment into the program and every three months until the youth successfully completes the voluntary program and transitions out.

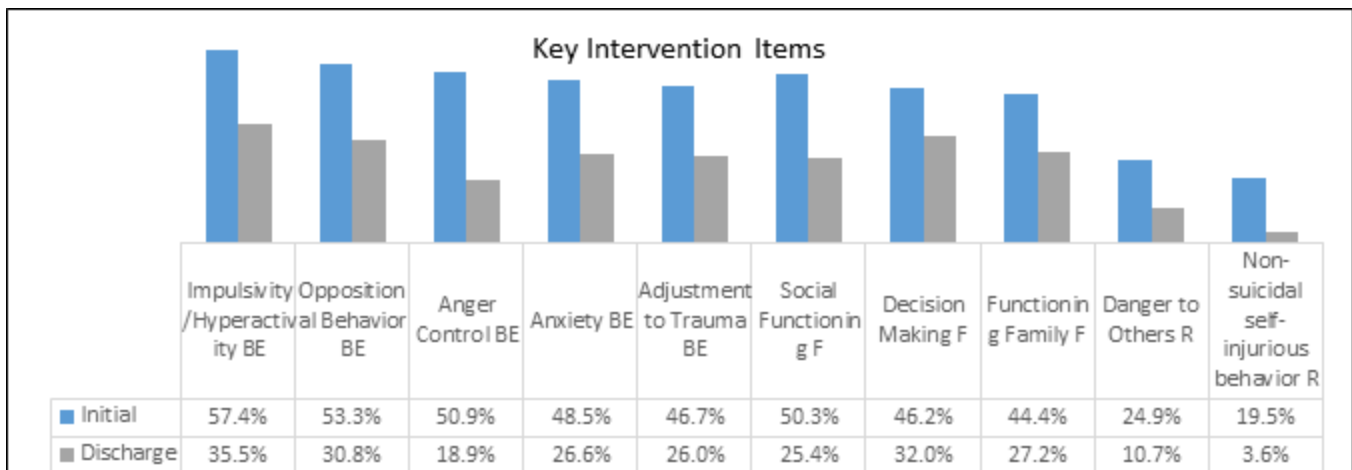
Barbara Dunn, Director of Program Innovation and Outcomes for Magellan of Healthcare in Wyoming, said, "From July 2018 to June 2019, over 75 percent of youth enrolled in Wyoming's High Fidelity Wraparound program experienced reduced severity of needs. The typical youth enrolls with nine treatment needs and resolves almost four while increasing strengths to maintain their gains."

**Decreased Needs and Increased Strengths
July 2018-June 2019**



Cooley said, “The evidence is powerful and shows reductions in high prevalence needs between a youth’s enrollment and discharge. Our program works when youth and families are engaged. Wyoming’s Department of Health, Division of Healthcare Financing (Medicaid) has given us a chance to deliver a quality home and community-based program through a care management entity model that gives high risk youth more access to care right where they need it most. From the results of this year’s CANS report, we show Wyoming’s High Fidelity Program is making a positive impact in the lives of our youth participants. We want all youth who qualify for this Medicaid program to see the benefits.”

**Wyoming CANS Initial Scores vs. CANS Discharge Scores in Key Intervention Areas
June 2019-July 2019**



For more information about Wyoming’s High Fidelity Wraparound program, please visit www.MagellanOfWyoming.com.

Free webinar for families

The families we serve are on Medicaid, and for most of them, this won't be a lifelong option. Helping families understand mental health coverage and insurance plans is a great way to support transition planning and family empowerment!

The Families for Depression Awareness offers a free webinar titled *What Families Need to Know about Mental Health and Insurance*. [Share this resource today.](#)

Lower costs, improved behavioral health through High Fidelity Wraparound

From the Sheridan Press - For some families, simply signing a child up for soccer or grocery shopping with a toddler in tow can be intimidating, Compass Center for Families Executive Director Susan Carr said.

High Fidelity Wraparound programs and organizations like Compass help families facing mental health challenges at home practice these types of activities and support lasting family strength, she said.

Wyoming's High Fidelity Wraparound program is living up to its goal of connecting youth to resources that fulfill mental health needs in their homes and communities rather than psychiatric treatment facilities, according to Magellan Health.

[Read more](#)

Share your feedback

And share your thoughts. You are invited to participate in a survey! Pathways RTS and the [Family-Run Executive Director Leadership Association \(FREDLA\)](#) are collaborating on a new national survey of family members and young adults who receive or have received support to document the kinds and amount of support – financial, emotional and other help – that families and other allies provide for young people with behavioral health needs during the transition years (16–25 years old). This information will inform youth- and family-run organizations, policy makers and service planners about the needs and preferences of both young people and their families.

If you have experience as a family member or ally of a young person with behavioral health challenges for who you provided support during their transition years, [take the family/Ally survey](#). If you are a young adult currently 18 years or older who experienced behavioral health challenges during your transition years, and you received support from a family member or ally during that time, please [take the young adult survey](#).

Extending a helping hand

Do you have youth on your caseload that may be interested in career exploration? For youth in Laramie and Albany Counties, Zenith Business Services can offer youth between the ages of 14 and 21 several job-centered services at no cost. Services such as:

- Self-Advocacy Training
- Connections to Employers
- Job Shadows and Internships
- College/Work Site Visits
- Job Exploration Counseling
- Work-Based Learning
- Post-Secondary Options
- Social Skills Assistance

For families who have employment goals for their youth, Zenith could be a good resource. Visit their [website](#) or give them a call at 307-432-4065.

Caregiver Support Groups offers encouragement

A Caregiver Support group was created to help caregivers during the High Fidelity Wraparound process. **PLEASE INVITE YOUR FAMILIES** - parents, grandparents, aunts uncles, foster parents, step parents, anyone who cares for children and youth with complex needs. This group provides a safe place for families and caregivers to talk through their struggles, their successes and to learn from one another. You don't have to be a member of High Fidelity Wraparound to attend these groups. They are free and all you need is access to a phone or the internet.

- First Wednesday of every month from 6 p.m. to 7 p.m. (Mountain Time)
- Second Wednesday of every month from 11:30 a.m. to 12:30 p.m. (Mountain Time)
- Contact KCampbell2@MagellanHealth.com or call 307-459-6165 for instruction on how to connect to the online Caregiver Support Group meetings.

These support groups are available to any caregiver, guardian, parent, grandparent, family member, etc. who would like more support! You don't have to be a current member with Magellan, anyone can join.

We're accepting youth referrals

Do you know a young person age 4 to 20 who would benefit from additional support? Would it make a difference if they could be more successful at home, school and in their community?

Wyoming's High Fidelity Wraparound program can help if:

- A free program makes sense for the youth and their family.
- Additional mental health or behavior support is needed.
- Youth who currently are, or could be, Medicaid eligible.

- Youth is at risk for being placed out of their home in hospital or detention.

Youth and their care givers would benefit from having a team of support. Learn more by completing our [Referral Form](#) or visiting our [website](#).

Our program is growing

If you have ever wanted to help youth with complex mental health or behavioral health concerns, you can become a provider by visiting our [Become a Provider](#) page. We are always looking for more experienced and caring people to join forces with us to meet the needs of youth across Wyoming. Do you know anyone who would be great at this? Refer them to work with us.

What is High Fidelity Wraparound?

The Wyoming Department of Health, Division of Healthcare Financing has contracted with Magellan Healthcare to be the Care Management Entity for Wyoming's High Fidelity Wraparound program.

Wyoming's High Fidelity Wraparound is an intensive voluntary care coordination process for youth aged 4 to 20 risking placement out of their home and community due to complex behavioral issues. High Fidelity Wraparound helps families and caregivers build support that meet their needs. The program allows young people to benefit from mental and physical healthcare along with other interventions in their own communities while remaining safely at home, in school and out of trouble. Learn more about the [High Fidelity Wraparound process](#).

What are the benefits of High Fidelity Wraparound?

Wyoming's High Fidelity Wraparound program has resulted in numerous successes over the past four years. We've prepared an infographic that highlights the benefits families involved in High Fidelity Wraparound have seen. Check out our [successes](#).