

Monthly Member Newsletter

November 21, 2019

Assessment shows Wyoming's High Fidelity Wraparound Program Builds Strengths for Youth

Wyoming's High Fidelity Wraparound program continues to show successful outcomes for enrolled youth with complex behavioral health challenges. A press release was posted on strengths. [Read the article.](#)

Learn more about Medicaid and mental health

Do you need to know more about mental health coverage with insurance when your youth is no longer on Medicaid? This is an excellent source of information so you can make empowered decisions! The Families for Depression Awareness offers a free webinar titled What Families Need to Know about Mental Health and Insurance. [Watch the training.](#)

Lower costs, improved behavioral health through High Fidelity Wraparound

From the Sheridan Press - For some families, simply signing a child up for soccer or grocery shopping with a toddler in tow can be intimidating, Compass Center for Families Executive Director Susan Carr said.

High Fidelity Wraparound programs and organizations like Compass help families facing mental health challenges at home practice these types of activities and support lasting family strength, she said.

Wyoming's High Fidelity Wraparound program is living up to its goal of connecting youth to resources that fulfill mental health needs in their homes and communities rather than psychiatric treatment facilities, according to Magellan Health.

[Read more](#)

Share your feedback

And share your thoughts. You are invited to participate in a survey! Pathways RTS and the [Family-Run Executive Director Leadership Association \(FREDLA\)](#) are collaborating on a new national survey of family members and young adults who receive or have received support to document the kinds and amount of support – financial, emotional and other help – that families and other allies provide for young people with behavioral health needs during the transition years (16–25 years old). This information will inform youth- and family-run organizations, policy makers and service planners about the needs and preferences of both young people and their families.

If you have experience as a family member or ally of a young person with behavioral health challenges for who you provided support during their transition years, [take the family/Ally survey](#). If you are a young adult currently 18 years or older who experienced behavioral health challenges during your transition years, and you received support from a family member or ally during that time, please [take the young adult survey](#).

Extending a helping hand

Do you have youth on your caseload that may be interested in career exploration? For youth in Laramie and Albany Counties, Zenith Business Services can offer youth between the ages of 14 and 21 several job-centered services at no cost. Services such as:

- Self-Advocacy Training
- Connections to Employers
- Job Shadows and Internships
- College/Work Site Visits
- Job Exploration Counseling
- Work-Based Learning
- Post-Secondary Options
- Social Skills Assistance

For families who have employment goals for their youth, Zenith could be a good resource. Visit their [website](#) or give them a call at 307-432-4065.

Caregiver Support Groups offers encouragement

A Caregiver Support group was created to help caregivers during the High Fidelity Wraparound process. **PLEASE INVITE YOUR FAMILIES** - parents, grandparents, aunts, uncles, foster parents, step parents, anyone who cares for children and youth with complex needs. This group provides a safe place for families and caregivers to talk through their struggles, their successes and to learn from one

another. You don't have to be a member of High Fidelity Wraparound to attend these groups. They are free and all you need is access to a phone or the internet.

- First Wednesday of every month from 6 p.m. to 7 p.m. (Mountain Time)
- Second Wednesday of every month from 11:30 a.m. to 12:30 p.m. (Mountain Time)
- Contact KCampbell2@MagellanHealth.com or call 307-459-6165 for instruction on how to connect to the online Caregiver Support Group meetings.

These support groups are available to any caregiver, guardian, parent, grandparent, family member, etc. who would like more support! You don't have to be a current member with Magellan, anyone can join.

We're accepting youth referrals

Do you know a young person age 4 to 20 who would benefit from additional support? Would it make a difference if they could be more successful at home, school and in their community?

Wyoming's High Fidelity Wraparound program can help if:

- A free program makes sense for the youth and their family.
- Additional mental health or behavior support is needed.
- Youth who currently are, or could be, Medicaid eligible.
- Youth is at risk for being placed out of their home in hospital or detention.

Youth and their care givers would benefit from having a team of support. Learn more by completing our [Referral Form](#) or visiting our [website](#).

Our program is growing

If you have ever wanted to help youth with complex mental health or behavioral health concerns, you can become a provider by visiting our [Become a Provider](#) page. We are always looking for more experienced and caring people to join forces with us to meet the needs of youth across Wyoming. Do you know anyone who would be great at this? Refer them to work with us.