

Monthly Member Newsletter

September 19, 2019

External Quality Improvement Council meeting set

The External Quality Improvement Council meeting is this afternoon. Magellan of Wyoming hosts these community meetings to examine local issues that are affecting children, learn about resources available, identify gaps and share information about High Fidelity Wraparound.

The meeting will take place from 1 p.m. to 3 p.m. This is your opportunity to share with us, ideas for program improvements and to have your voice heard directly by our committee. We encourage all providers to invite their families to [attend the meeting](#).

Have you heard of My Fest?

The My Life chapters in Rock Springs, Evanston, Laramie and Buffalo are coming together on September 28, 2019 for My Fest. My Fest Wyoming is a free community event that will take place in Rock Springs at Bunning Park from noon to 4 p.m.

My Life is a free empowering group for youth ages 13 to 23 who have experience with mental health, substance abuse, foster care and other challenges, who use their experience to help other improve the systems that serve youth. My Fest will bring music, art, entertainment and youth empowerment for the afternoon. The event will highlight local bands, hip hop artists and other performers. In addition, there will be games, face painting, crafts, free food and hundreds of resources for youth and families.

All are welcome to attend this free event that celebrates Wyoming's youth! For more information, visit our [My Life page](#) or read our [press release](#).

Are we over-diagnosing Autism?

Autism isn't what it used to be. A new study finds that, over time, the differences between individuals diagnosed with autism and those who don't have autism have decreased.

The researchers say that could mean that more people with less profound symptoms are being diagnosed with the condition. [Read the full article](#).

Caregiver Support Groups offers encouragement



A Caregiver Support group was created to help caregivers during the High Fidelity Wraparound process. This group provides a safe place for families and caregivers to talk through their struggles, their successes and to learn from one another.

You don't have to be a member of High Fidelity Wraparound to attend these groups. They are free and all you need is access to a phone or the internet.

- First Wednesday of every month from 6 p.m. to 7 p.m. (Mountain Time)
- Second Wednesday of every month from 11:30 a.m. to 12:30 p.m. (Mountain Time)
- Contact KCampbell2@MagellanHealth.com or call 307-459-6165 for instruction on how to connect to the online Caregiver Support Group meetings.

These support groups are available to any caregiver, guardian, parent, grandparent, family member, etc. who would like more support! You don't have to be a current member with Magellan, anyone can join.

We're accepting youth referrals

Do you know a young person age 4 to 20 who would benefit from additional support? Would it make a difference if they could be more successful at home, school and in their community?

Wyoming's High Fidelity Wraparound program can help if:

- A free program makes sense for the youth and their family.
- Additional mental health or behavior support is needed.
- Youth who currently are, or could be, Medicaid eligible.
- Youth is at risk for being placed out of their home in hospital or detention.

Youth and their care givers would benefit from having a team of support. Learn more by completing our [Referral Form](#) or visiting our [website](#).

Our program is growing

If you have ever wanted to help youth with complex mental health or behavioral health concerns, you can become a provider by visiting our [Become a Provider](#) page. We are always looking for more experienced and caring people to join forces with us to meet the needs of youth across Wyoming. Do you know anyone who would be great at this? Refer them to work with us.