

# Stakeholder Newsletter

June 20, 2019

## Welcome to the Calm Room

Finding ways to help children with childhood trauma in school settings can be tough. See how one school implemented a radical plan to combat childhood trauma. [Watch the video.](#)

## Are you a turtle?

An Op Ed by Tammy Cooley, Senior Director of Operations, Magellan Healthcare in Wyoming

*“For a turtle to walk forward, it has to stick its neck out. Because Wraparound challenges systems to support families in unique and strength-based ways, staff must take chances when doing things differently than has been done in the past. Hence, they stick their necks out for change and work toward a better future for children, youth and their families.”*

- National Wraparound Implementation Center

Our challenge as wraparound providers is to stick our necks out for change! We are all working for a better future for the children, youth and families in Wyoming. Though our roles may differ, the objective is the same. Keep more youth at home, in school and out of trouble.

I recently had a past High Fidelity Wraparound graduate tell me, “You saved our family.” His comment was heartfelt and genuine. I thought for a moment about my response. I didn’t save their family. I did my duty with respect and fidelity as a Family Care Coordinator. I showed up, had hard conversations, reframed thoughts and ideas into action items and created tangible goals. I help them start to build a solid team of “go to” people and supports. I gave a lot of suggestions, and did a lot of work. But, I did not save their family.

They saved their family. They did the hard stuff. They listened when they didn’t yet understand how things could be different. They showed up to their wraparound meetings and started to learn the process. They worked to strengthen relationships needed for more natural supports. They were brave enough to question systems and processes that didn’t work for them. They tried new things, even though they were unsure of the outcome. They trusted a stranger who showed up to help. They believed in me, and I believed in them. They kept on building trust in each other and confidence in their own abilities. They kept doing this work until one day they didn’t need me anymore. It wasn’t that everything was changed, fixed and all challenges solved. They didn’t need me because they grabbed

onto a life preserver when it was thrown. They did all the hard stuff to save themselves. That's the true work. As wraparound providers, we share in the work load, but it is not all ours to do. Not even close.

I still hear from families like the one mentioned above regularly. Some I worked with over 10 years ago. I believe this is because **we** built solid connections which are genuine. I stuck my neck out and let people know how to reach out if they ever need me, even after they transitioned from wraparound. What stands the test of fidelity to the model of wraparound is not how many youths are "saved", but how many families and individuals we influence to create lasting and positive change in their lives. The relationships we build is what sets the stage for how well the process of wraparound gets incorporated into everyday life. We must be brave and risk our necks at times to build authentic relationships with people. We are all vulnerable. Sticking our necks out for the right reasons, at the right time and in right way, keeps Wyoming's families moving forward.

Who's with me? Turtles unite!

### **We're accepting youth referrals**

Do you know a young person age 4 to 20 who would benefit from additional support? Would it make a difference if they could be more successful at home, school and in their community?

Wyoming's High Fidelity Wraparound program can help if:

- A free program makes sense for the youth and their family.
- Additional mental health or behavior support is needed.
- Youth who currently are, or could be, Medicaid eligible.
- Youth is at risk for being placed out of their home in hospital or detention.

Youth and their care givers would benefit from having a team of support. Learn more by completing our [Referral Form](#) or visiting our [website](#).

### **Our program is growing**

Magellan's network of providers is growing and we're looking to add even more. We've recently posted numerous job opportunities on [WyomingAtWork.com](#). WyomingAtWork.com is the online job matching system administered by the Wyoming Department of Workforce Services. If you have ever wanted to help youth with complex mental health or behavioral health concerns, you can become a provider by visiting our [Become a Provider](#) page. We are always looking for more experienced and caring people to join forces with us to meet the needs of youth across Wyoming. Do you know anyone who would be great at this? Refer them to work with us.

### **What is High Fidelity Wraparound?**

The Wyoming Department of Health, Division of Healthcare Financing has contracted with Magellan Healthcare to be the Care Management Entity for Wyoming's High Fidelity Wraparound program.

Wyoming's High Fidelity Wraparound is an intensive voluntary care coordination process for youth aged 4 to 20 risking placement out of their home and community due to complex behavioral issues. High Fidelity Wraparound helps families and caregivers build support that meet their needs. The

program allows young people to benefit from mental and physical healthcare along with other interventions in their own communities while remaining safely at home, in school and out of trouble. Learn more about the [High Fidelity Wraparound process](#).

**What are the benefits of High Fidelity Wraparound?**

Wyoming's High Fidelity Wraparound program has resulted in numerous successes over the past four years. We've prepared an infographic that highlights the benefits families involved in High Fidelity Wraparound have seen. Check out our [successes](#).