HIGH FIDELITY WRAPAROUND
Behavioral Exploration

Family:_____ FSP or FCC _____ Date:_____

Primary Diagnosis:_____ Current Medications: _____

Statement of behavior (this should be a brief, clear statement of the behavior/event you're looking at - in the youth's words):

DESCRIPTION OF THE BEHAVIOR/EVENT

1. Brief History:

2. How often does the behavior/event occur? (For example, does it occur daily, weekly)

3. How long does it last? (use this to know how intense the intervention needs to be)

4. Describe how intense or strong the crisis behavior is or how significant the event is? (ie. How angry did the person become, they yelled, they threw things, they hit people)

5. What triggers - precipitating or setting events led to behavior or the event? (For example, maybe the child did not get enough sleep, he/she is teased by someone at school, he/she consumes lots of sugary drinks. – this helps you figure what needs done to prevent the crisis from occurring)

INFORMATION RELATED TO THE BEHAVIOR

1. Have you ever observed anything that de-escalated the behavior or intervened with the event?

2. When does the behavior not occur, when are things stable? (this information helps you put more things in place "prior"

3. Who is involved and their relationship to the youth (these are the people you want to talk to)

4. What other activities going on in the environment may make the situation better or worse?

5. What happens afterwards? (The functional assessment is based on the premise that most behavior is done for a reason.   This reason may be to get something or someone's attention, to be allowed to do something, to avoid doing something or to avoid someone. If it's an event what occurred afterwards and how long were things stable?)

PAST INTERVENTIONS

What has been tried in the past, did it work or not work? Why?

STRENGTH BASED INFORMATION

1. What is the best guess as to how this behavior helps the youth?   What are they trying to tell us with their behavior? Is there something that will help the family?

2. Identify strengths to create a positive outcome

3. Identify culture to help create a positive outcome

Magellan
HEALTH sm

4. Identify resources to help to create a positive outcome?

Magellan
HEALTH sm