

Activity form

Following the CMS 1500 guidelines, Magellan needs the following information to approve groups. Please complete this form and email it to wyclinical@magellanhealth.com at the time new Plans of Care are submitted for all participating members.

Date of Activity Form Submittal:	6/30/2020
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List the names of all youth who will be participating under the Leader responsible:

1 st Leader: Jessica Hernandez		2 nd Leader:	
1 st Leaders Youth - Names	Number of Units per Plan Period	2 nd Leaders Youth - Names	Number of Units per Plan Period
Savannah Knight	28		

List the schedule:

Date of each session	Time
6/30/2020	5:00 pm - 6:00 pm
7/9 & 7/16	5:00 pm - 6:00 pm
7/23 & 7/29	5:00 pm - 6:00 pm
8/6 & 8/13	5:00 pm - 6:00 pm
8/27 & 9/3	5:00 pm - 6:00 pm
9/10 & 9/17	5:00 pm - 6:00 pm
9/24	5:00 pm - 6:00 pm

What is the objective?

For the youth to build self-confidence, learn to value herself, setting boundaries,

What curriculum will be utilized?

- ☐ A pre-approved Magellan Healthcare Curriculum (no need to complete the rest of the form)
- ☒ A new curriculum that needs approved (please continue with the rest of the form)

ONLY COMPLETE THE FOLLOWING FOR NEW CURRICULUM

Describe the curriculum and/or activities:

Radiant Girl is broken down into 3 categories; Significance, Strength, Shine.

It's focus is to teach girls, and "I will Shine."

- I am Significant: This section teaches girls to realize their true value

- I Have Strength: Importance of mental strength and wellness. Learn to respect herself and begin to accept and respect others. "Learn to recognize that it is normal to have strong emotions, stress and anxiety but learn to develop positive coping skills through mindfulness. The value of making positive choices and develop good social skills to feel confidence and strength in any environment.

- I Will Shine: Help to develop self-confidence. "Learn to articulate goals and dreams and learn how to take practical steps toward a successful future." Basic characteristics of leadership to feel empowered in their life.

What are the sources for this curriculum (i.e. books, articles, websites)?

This is a school mentor program I was trained by Tara Bollinger the Founder/Director of Inspire Schools Program.

Book: Radiant Girl: significant, strength, shine Tara Bollinger

inspireschoolprograms.com

Are the activities considered evidence based practice?

- ☒ Yes
- ☐ No

PLEASE SEND THIS COMPLETED FORM ALONG WITH EACH YOUTH'S RELEASE OF INFORMATION TO
WYCLINICAL@MAGELLANHEALTH.COM